



esse

S K I N C A R E

Esse Professional Range






Esse Professional Product Offering

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Esse Professional Offering



PROFESSIONAL CLEANSERS

	Make-up Remover	200ml/6 fl oz salon tube
	Sensitive Cleanser	400ml/13.5 fl oz salon pump
	Gel Cleanser	400ml/13.5 fl oz salon pump
	Cream Cleanser	400ml/13.5 fl oz salon pump
	Refining Cleanser	200ml/6 fl oz salon tube





PROFESSIONAL MISTS

	Hydrating Mist	250ml/8.4 fl oz salon spritz
	Biome Mist	250ml/8.4 fl oz salon spritz
	Sensitive Mist	250ml/8.4 fl oz salon spritz


PROFESSIONAL MOISTURISERS

	Hydro Moisturiser	100ml/3.4 fl oz salon tube
	Nourish Moisturiser	100ml/3.4 fl oz salon tube

PROFESSIONAL EXFOLIATORS

	Cocoa Exfoliator	200ml/6 fl oz salon tube
	Microderm Exfoliator	200ml/6 fl oz salon tube
	Beta-Hydroxy Exfoliator	100ml/3.4 fl oz salon tube
	Enzyme Exfoliator	200ml/6 fl oz salon tube

PROFESSIONAL GALVANIC GEL

	Sensitive Galvanic Gel	200ml/6 fl oz salon tube
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PROFESSIONAL MASSAGE MEDIUM



Facial Massage Cream

200ml/6 fl oz salon tube

PROFESSIONAL MASKS



Clay Mask

200ml/6 fl oz salon tube



Cream Mask

100ml/3.4 fl oz salon tube



Eye Contour Mask

100ml/3.4 fl oz tube



Intensity Mask

100ml/3.4 fl oz tube



Omega Mask

100ml/3.4 fl oz tube



Gel Mask

200ml/6.8 fl oz salon tube



Exclusion Mask

500g/17.6 oz resealable doy pack



Aqua-Gel Mask

200g/7.05 oz resealable doy pack

PROFESSIONAL AMPOULES



Probiotic Ampoule

0.3g/0.1 oz vial and 2ml/0.06 fl oz vial



Clarifying Ampoule

3ml/0.1 fl oz vial with nozzle



Hydroboost Ampoule

3ml/0.1 fl oz vial with nozzle



Bright Ampoule

3ml/0.1 fl oz vial with nozzle



Hyaluronic Ampoule

3ml/0.1 fl oz vial with nozzle



Intensity Ampoule





3ml/0.1 fl oz vial with nozzle








Rescue Ampoule

3ml/0.1 fl oz vial with nozzle

PROFESSIONAL TREATMENT PRODUCTS

	Repair Oil	50ml/1.7 fl oz salon dropper
	Protect Oil	50ml/1.7 fl oz salon dropper
	Hyaluronic Serum	50ml/1.7 fl oz salon pump
	Eye & Lip Cream	50ml/1.7 fl oz salon pump

PROFESSIONAL BODY PRODUCTS

	Rich Body Moisturiser	400ml/13.5 fl oz salon pump
	Body Exfoliator	200ml/6.8 fl oz salon tube
	Body Massage Cream	200ml/6.8 fl oz salon tube
	Hand & Foot Exfoliator	200ml/6.8 fl oz salon tube
	Hand & Foot Mask	200ml/6.8 fl oz salon tube

Professional Products

The following products are available in both retail and professional sizes. Please refer to the retail product notes for product information:

Make-up Remover	200ml
Gel Cleanser	400ml
Cream Cleanser	400ml
Refining Cleanser	200ml
Sensitive Cleanser	400ml
Hydrating Mist	250ml
Biome Mist	250ml
Sensitive Mist	250ml
Hydro Moisturiser	100ml
Nourish Moisturiser	100ml
Microderm Exfoliator	200ml
Cocoa Exfoliator	200ml
Clay Mask	200ml
Cream Mask	100ml
Repair Oil	50ml
Protect Oil	50ml
Hyaluronic Serum	50ml
Eye & Lip Cream	50ml
Rich Body Moisturiser	400ml



All leave on Esse products consist of a BIOME+ formulation except for the treatment oils, Pro-Sun D Serum, Bakuchiol Serum, and Lip Conditioner.



Beta-Hydroxy Exfoliator

light peel for getting skin on track

100ml/3.4 fl oz salon tube

This product can better be defined as a peeling exfoliator as the acids gently dissolve the cement that binds skin cells together. It feels less physically exfoliating than the Enzyme Exfoliator but be mindful that its effects are enhanced with extended treatment time, so exercise caution.

- › sun-damage
- › acne
- › scarring
- › ingrown hairs
- › hyperpigmentation
- › fine lines and wrinkles
- › shallow, dull complexion

Features

- › Effective, light, even exfoliation.
- › Safe alternative to peels.
- › Non-aggressive.
- › Visible results.

Key ingredients

- › Salicylic Acid - is a beta-hydroxy acid. Gently exfoliates, loosens follicular blockages, and brightens skin tone.
- › Lactic Acid - is an alpha hydroxy acid. Stimulates natural collagen production. Suitable for ageing, dry and oily skins. Known to improve hydration.
- › Aloe Vera - calms and soothes.
- › Jojoba Seed Oil - offers nourishment and prevents a feeling of skin dryness after treatment.
- › Rooibos, Tocopherol (Vitamin E) and Vitamin C - provides antioxidant protection and skin brightening.

100% Natural

78% Organic

100% Vegan

100% Cruelty-free

Use

Massage gently into face and décolleté, taking care to avoid the eye area. Remove thoroughly using warm water and a damp face towel. Steam will reduce/dilute efficacy.

Activation times: Most skins concerns: 5 – 15 minutes; Sensitive skins: 5 minutes (exercise caution)

Additional uses

Use as an anti-ageing hand treatment to target sun-damage and dark marks.

Follow with Cream Mask.

Spot treat areas where skin thickening is a problem for a few minutes before a regular exfoliation.

Contraindications

Not suitable for clients on medically prescribed exfoliators.

Perform a patch test if aspirin allergy is suspected.



Enzyme Exfoliator

enzymatic & physical exfoliation

200ml/6.8 fl oz salon tube

Professional strength enzymatic and physical exfoliation. Ideal for congested, thickened, and dull skins.

- › thickened skin
- › sallow skin
- › hyperpigmentation

Features

- › Brightens.
- › Refines skin texture.
- › Deep cleansing.
- › Stimulates cellular regeneration.

Key ingredients

- › Papain and Bromelain - deep cleanses and brightens complexion of dull thickened skins. These fruit enzymes are proteases that break down the proteins of desmosomes, which bind cells together. Cells separate and float away.
- › Sucrose and Kaolin - offer physical exfoliation to pry off cells loosened by the action of the enzymes.
- › Sesame Oil - is anti-inflammatory, antioxidant, healing, and skin softening. High in Calcium, Magnesium and Phosphorous.
- › Lime Peel Oil - is an astringent. Toning and refreshing properties help clear oily, congested skin.

99% Natural

15% Organic

100% Vegan

100% Cruelty-free

Use

Massage in gentle circular motions into face, neck and décolleté, avoiding eye area. Incorporate a small amount of water to activate enzymes. Once granules have dissolved leave in place to allow for continued exfoliation. Steam enhances effects. Remove thoroughly using warm water and a damp face towel.

Activation time 6-10min (time dependent on skin thickness).

Additional uses

Use 5-7 days before a major event to brighten the skin and even out complexion.

Contraindications

Not suitable for sensitive skins or clients on medically prescribed exfoliating products.



Sensitive Galvanic Gel

stimulates cell defence

200ml/6.8 fl oz salon tube

Reinforces defence and self-restoring properties in all sensitive skins.

- › sensitive skin in need of restoration
- › all skin types

Features

- › Helps restore the skin's ability to self-regulate.
- › Reduces redness.
- › Strengthens barrier function.

Key ingredients

- › Copper Amino Acid Chelate - promotes the production of collagen, elastin, and glycosaminoglycan's (GAGs) which aid in the maintenance and support of collagen and elastin. It is a key mineral in lysyl oxidase, an enzyme required for the cross-linking of collagen and elastin, an essential process in the healing of connective tissue. It also aids in the elimination of damaged collagen and elastin.
- › Magnesium Amino Acid Chelate - is key to more than 300 metabolic reactions, enhances cellular energy production and cell membrane structure. Improves transport of other actives through the cell membrane.
- › Aloe Vera, Bisabolol and Chamomile - are anti-inflammatory, calming and promote healing.
- › Lactobacillus Ferment - strengthens the skin's microbiome and barrier function capacity.

99% Natural

42% Organic

100% Vegan

100% Cruelty-free

Use

After exfoliating, apply to face, neck and décolleté.

We suggest the "negative" setting on the galvanic device for optimal results.

Move instrument slowly over face for 20 minutes, avoiding the eyelids.

Remove with a warm or cool towel.



Facial Massage Cream

nourishing & protective

200ml/6 fl oz salon tube

Stimulates and repairs the epidermis, protecting against free radicals whilst offering long-lasting slip.

- › massage for all skins

Features

- › Nourishes and hydrates.
- › Non-comedogenic.
- › Suitable for oily skins.

Key ingredients

- › Sesame Oil - is anti-inflammatory and an antioxidant. Contains Vitamin E. Improves skin elasticity.
- › Coconut Oil - is a rich, high-slip oil with a beneficial oil profile.
- › Palmarosa and Patchouli - promotes cellular regeneration, heals scar tissue. Useful in the treatment of acne and eczema.
- › Ylang-Ylang - balances oily and dry areas.
- › Lactobacillus Ferment - supports a healthy microbiome and stabilises the skin's pH.

99% Natural
34% Organic
100% Vegan
100% Cruelty-free

Use

Massage into face, neck and décolleté. Remove with a warm towel.

Additional uses

If more slip is required, add warm water to hands and continue with the massage. Combine with one pump of Repair Oil for photo-aged and dull skins.



Eye Contour Mask + advanced, rapid eye treatment

100ml/3.4 fl oz salon tube

Intensely active, advanced eye treatment that makes up part of the Esse PLUS professional line.

- › sensitive skin
- › fine lines
- › puffiness
- › dark circles
- › loss of elasticity

Features

- › BIOME+ LEVEL 2 FORMULATION means an extract of Lactobacillus positively shifts microbial populations for a healthy, radiant skin.
- › Plumps out fine lines.
- › Addresses puffiness, dark eye circles and ageing concerns around the eyes.

Key ingredients

- › Bellis Perennis - a daisy flower extract effective for skin lightening, pigmentation disorders and age spots. Its action is based on the cumulative effect of inhibiting tyrosinase activity (a precursor to melanin).
- › Albizia Julibrissin – protects against glycation, a major contributor to the ageing process as it affects the health of collagen.
- › Lactobacillus Ferment - positively influences the balance of microbes on the skin with the prebiotic support of Inulin.
- › Myrothamnus Flabellifolius Extract – known as the Resurrection Plant, this extract boosts hydration and offers superior antioxidant and pollution protection due to elevated polyphenol activity.
- › Sodium Hyaluronate – Low Molecular Weight Hyaluronic Acid. Ultra-hydrating for effective plumping after a single application.
- › Panthenol - converts to Pantothenic Acid when applied to the skin, this acid is easily absorbed, penetrating the lower layers. It works as a humectant by infusing water in cells, resulting in improved hydration and moisture retention.

100% Natural
22% Organic
100% Vegan
100% Cruelty-free

Use

Apply to the eye area using a mask brush in a figure of 8 movements while the facial mask is setting in.

Remove together with the facial mask using warm, damp cotton towels.

Additional uses:

Can be applied to the entire face for premium treatment offerings.



Intensity Mask +

pinnacle in anti - ageing treatments

100ml/3.4 fl oz salon tube

Choose this mask as part of a treatment routine for clients whose primary concern is ageing. This mask forms a part of the Esse PLUS professional line.

- › mature skin
- › signs of ageing
- › wrinkles, loss of elasticity, dull and thinning skin
- › special function prep

Features

- › Improves fine lines and wrinkle depth.
- › Kick starts a client's interaction with the Intensity Serum.
- › Visible improvement 2 hours after treatment.

Key ingredients

- › Acemella Extract (Mafane) - considered a natural alternative to Botox. It contains Spilanthol, which has a strong relaxing effect on facial muscles, reducing wrinkles by relaxing the skin. It is seen in topical formulas and can easily penetrate the skin, inhibiting contractions in subcutaneous muscles.
- › Lactobacillus Ferment - positively influences the balance of microbes on the skin with the prebiotic support of Inulin.
- › Myrothamnus Extract - known as the Resurrection Plant, this extract boosts moisture levels and offers superior antioxidant and pollution protection due to elevated polyphenol activity. It also has anti-erythema properties.
- › Tocopherol - a derivative of Vitamin E that aids in rapid cell regeneration.
- › Ascorbyl Palmitate - a derivative of Vit C that is lipid (fat) soluble, it can penetrate the skin and deliver antioxidants faster than the water-soluble forms of Vitamin C. Prevents cellular ageing by inhibiting the oxidation of proteins, and lipid peroxidation. Addresses uneven skin tone associated with ageing and sun exposure. It has been shown to work synergistically with the antioxidant Vitamin E (Tocopherol).

100% Natural

18% Organic

100% Vegan

100% Cruelty-free

Use

Apply to face, neck and décolleté.

Leave to set in for at least 15 minutes. Steam can be applied.

Remove using warm or cool towels.

Additional uses

Blend a small amount with the facial moisturiser of choice after the facial for clients with very dry skin.



Omega Mask

bio - available omega skin supplement

100ml/3.4 fl oz tube

An optimal blend of postbiotics, actives, and omegas 3, 6 & 9 in an easy to process format.

- › mature skin
- › premature ageing
- › menopausal skin
- › dry skin
- › sensitive skin
- › barrier impaired skin
- › dull and lifeless skin

Features

- › BIOME+ LEVEL 2 FORMULATION means an extract of Lactobacillus positively shifts microbial populations for a healthy, radiant skin.
- › Restores and comforts dry, dehydrated, stressed skins.
- › Nourishes and softens fine lines.
- › Restores barrier function.
- › Stimulates cellular regeneration.

Key ingredients

- › Lactobacillus Ferment - positively influences the balance of microbes on the skin with the prebiotic support of Inulin.
- › Myrothamnus Flabellifolius Extract - known as the Resurrection Plant, this extract boosts moisturisation and offers superior antioxidant and pollution protection due to elevated polyphenol activity. It also has anti-erythema properties.
- › Flax Seed Oil - is an excellent source of omega-3 oils.
- › Rosehip Oil - is a good source of vitamins, antioxidants and essential fatty acids that are known to correct dark spots and hydrate dry, itchy skin. Reduces scarring and fine lines.
- › Ascorbyl Palmitate - is a derivative of Vitamin C that is lipid (fat) soluble, it can penetrate the skin and deliver antioxidants faster than the water-soluble forms of Vitamin C. Prevents cellular ageing by inhibiting the oxidation of proteins, and lipid peroxidation. Works synergistically with the antioxidant Vitamin E (Tocopherol), also present in the product.
- › Grapefruit Peel Oil - due to its positive effect on the lymphatic system, this oil clears toxins and removes excess fluids.
- › Sodium Hyaluronate - Low Molecular Weight Hyaluronic Acid, encourages hydration and the absorption of active ingredients for maximum treatment benefit.

100% Natural
20% Organic
100% Vegan
100% Cruelty-free

Use

Apply to face, neck and décolleté. Allow to set for 5-10 minutes. Apply steam to enhance efficacy. Remove with damp towels or mittens.

Additional uses:

Use as a massage medium for dry skin (use a little warm water or Hydrating Mist to improve slip), then leave to set in.

For clients with very dry skin, apply a small amount at the end of the facial over areas of particular concern. Finish with selected moisturiser.



Gel Mask

normalises seborrheic skin

200ml/6.8 fl oz salon tube

Cleanses and brightens the complexion. Minimises the appearance of comedones.

- › acne-prone skin
- › congested skins
- › prepare the skin for extractions
- › hyperpigmentation

Features

- › Softens follicular blockages.
- › Reduces inflammation.
- › Brightens complexion.

Key ingredients

- › Salicylic Acid - is a beta-hydroxy acid. Gently exfoliates, loosens follicular blockages, and brightens skin tone. Assist with congestion, acne scarring and hyperpigmentation.
- › Aloe Vera - accelerates healing, soothing, relieves skin irritation and evens skin tone.
- › Grapefruit Peel Oil - reduces oiliness.

99% Natural
40% Organic
100% Vegan
100% Cruelty-free

Use

After exfoliating apply to congested areas and steam for 8min. Remove with damp towels or mittens.

Additional uses

Use with vacuum suction to loosen comedones.

Use on hyper-pigmented skin after Beta-Hydroxy Exfoliator.



Exclusion Mask

a setting mask to soothe the skin and exclude oxygen

500g/17.6 oz resealable doy pack

Soothing, calming mask that creates an anaerobic environment to facilitate the microbial growth.

- › subclinical inflammation
- › skin ageing
- › oedema/swelling

Features

- › An alginate mask that will create an anaerobic environment (oxygen free) to promote the activation of the live probiotics.
- › Calms, soothes, and promotes healing.
- › Reduce puffiness, oedema and swelling.
- › Plumps up fine lines and wrinkles.
- › Improves the penetration of ampoules.

Key ingredients

- › Calcium Carbonate - improves skin texture.
- › Kaolin - absorbs excess oil and toxins without stripping the skin.
- › Charcoal Powder - absorbs toxins and excess oils without stripping the skin.
- › Algin - allows for the setting and formation of the mask.

99% Natural

100% Vegan

100% Cruelty-free

Use

Prepare this mask immediately before application. Apply onto the skin after the application of the Probiotic Ampoule.

Use the scoop provided to mix one scoop of the **Esse Exclusion Mask** with one scoop of cool water in a suitable bowl until it reaches an even, smooth consistency. This should be sufficient but if you need more product, always use the 1:1 ratio.

Using a spatula, apply the mask in a thick, even layer, covering the eyes and mouth, but not covering the nostrils. The application should be quick to prevent the mask from setting in the mask bowl. Leave in place for 15 minutes while performing a touch therapy.

When removing, gently loosen the mask around the edges and peel the mask away from the skin moving from the forehead down towards the chin in one slow movement whilst supporting the skin with your other hand.

Additional uses:

The mask can be used with any other ampoules in the professional treatment to enhance the intensity of the ampoule.

Contraindications

Severe claustrophobia.



Aqua-Gel Mask

an alginate mask that hydrates and soothes the skin

200g/7.05 oz resealable doy pack

It combines the adaptability of a sheet mask with alginate technology using a reusable mould for superior hydration and enhanced ingredient absorption.

- › all skin types
- › reactive and sensitive skin
- › inflammatory skin conditions

Features

- › Designed to blend the adaptability of a sheet mask with the hydration benefits of an alginate mask.
- › Enhances hydration.
- › Provides a cooling effect by promoting vasoconstriction and reducing redness.
- › Soothes inflamed skin.
- › Improves the penetration of ampoules.

Key ingredients

- › Algin - enhances overall hydration, plumps and soothes, improves penetration and absorption of active ingredients from products underneath it.
- › Maltodextrin - a polysaccharide known for its hydrating properties.

99% Natural

82% Organic

100% Vegan

100% Cruelty-Free

Use

It is recommended that the Aqua-Gel Mask be mixed at the start of the treatment to allow setting time. Apply it to the skin after applying an Esse ampoule.

Place the fabric mask into the reusable silicone mask mould.

Mix 30ml (the scoop provided) of powder with 30ml of water until smooth. Add another 30ml of water and mix until just combined taking care not to overmix the mask. Pour the mixture onto the fabric sheet in the silicone mould. Move the mould around to distribute the mask equally. Use a spatula to spread the mask in the mould evenly, if needed.

Allow it to set for 20-30 minutes before applying to prepared skin.

Leave the mask on the skin for 15-20 minutes, then gently peel off and discard the mask.

Additional uses

The mask can be used with all Esse ampoules in professional treatments as it prevents them from drying out, allowing for extended product contact and maximising benefits.

Contraindications

Consider severe claustrophobia.



Rescue Ampoule

acute and chronic inflammatory solution

3ml/0.1 fl oz vial with nozzle

This formulation delivers active ingredients, including Propionic Acid, that alleviate acute irritation while supporting and improving the skin's barrier function to calm sensitive skin.

- › Reactive, sensitised, and sensitive skin
- › inflammatory skin conditions
- › sunburn
- › contact dermatitis

Features

- › Treats acute reactive skin conditions and soothes skin following intensive skincare protocols.
- › Targeted solution for inflammatory skin conditions, sunburn, and contact dermatitis.
- › Immediate relief and potential long-term benefits in managing skin sensitivity.
- › Boosts barrier function.
- › Reduces irritation and sensitivity.

Key ingredients

- › Propionic Acid - A short-chain fatty acid (SCFA), produced by Cutibacterium acnes, that plays a significant role in maintaining skin health. It helps to maintain skin's acidic pH, which is crucial for inhibiting the growth of harmful bacteria like Staphylococcus aureus. This helps in preventing infections and maintaining a balanced skin microbiome.
- › Aloe Barbadensis (Aloe Vera) Leaf Extract - Hydrates and alleviates irritation due to its anti-inflammatory properties.
- › Panthenol (Provitamin B5) - Moisturises, soothes and promotes wound healing. It improves barrier function, decreases trans-epidermal water loss, and boosts the growth of key skin microbes, further supporting a healthy skin ecosystem.
- › Niacinamide (Vitamin B3) - A multifunctional ingredient that improves the skin's barrier function. Its anti-inflammatory properties are particularly beneficial, as it reduces inflammatory prostaglandins and cytokines
- › Chamomilla Recutita (Chamomile) Flower Extract (CO2) - The active component, alpha-bisabolol, contributes significantly to its antiinflammatory and soothing properties, reducing redness and irritation.
- › Glycyrrhiza Uralensis (Licorice) Root Extract (CO2) - A potent antiinflammatory ingredient that contains licorisoflavan A and licoricidin. Licorisoflavan A, possesses strong anti-inflammatory and antioxidant properties, soothing irritated skin and protecting against oxidative stress. Licoricidin effectively combats UV-A-induced photoaging by scavenging reactive oxygen species (ROS) and modulating MMP-1, an enzyme that breaks down collagen in skin.

99% Natural
100% Vegan
100% Cruelty-Free

Use

Peel off the foil seal, remove the rubber stopper and fit the plastic nozzle onto the vial. Apply 12 drops to your facial treatment area and gently work in. For optimal results, follow with the Aqua-Gel Mask to provide additional cooling relief.

After removing the mask, massage any remaining product on the skin into the skin for prolonged contact and benefits.



Probiotic Ampoule

a powerful live probiotic ampoule to rewild the skin in the treatment room

0.3g/0.1 oz vial and 2ml/0.06 fl oz vial

A unique 2-part professional product that adds billions of live probiotics to rewild the skin.

- › subclinical inflammation
- › skin ageing
- › imbalanced microbiome

Features

- › Reduces subclinical inflammation and skin reactivity by improving cell-to-cell communication and managing the immune response.
- › Protects from pathogens by means of competitive exclusion and the production of anti-microbial peptides.
- › Improves barrier function, decreasing skin sensitivity and improving skin conditions like acne and eczema.
- › Prevent and reduce signs of ageing by reducing the rate of collagen and elastin degradation brought on by inflammation.

Key ingredients

- › Live Lactobacillus – 5 billion CFU per ml
The Probiotic Ampoule contains 5 times more live probiotics than the Probiotic Serum.
This level is too high for everyday use but when used as an occasional boost, this level of microbiome intervention can shift the skin towards a “new normal” that is less prone to the sub-clinical inflammation that leads to an increased rate of ageing.

99% Natural
100% Vegan
100% Cruelty-free

Use

To open Part 1, locate the arrows on the lid and remove the protective outer seal in the direction of the arrows.

Add the liquid from Part 2 to the powder from Part 1.

Replace the stopper and shake vigorously to ensure proper mixing of Part 1 and part 2.

Set the vial aside for 10-20 minutes to allow for activation.

It is recommended that the mixing of the two vials be done at the beginning of the facial procedure and left aside until needed.

Following the facial massage, gently shake the vial prior to applying the ampoule to the skin.

Follow the ampoule application with the application of the Exclusion Mask for best results.



Clarifying Ampoule

Balances problem skins

3ml/0.1 fl oz vial with nozzle

A combination of actives, including Niacinamide, that work synergistically to normalise sebum production and balance problem skins.

- › younger skins
- › breakout-prone skin
- › clients undergoing detox

Features

- › BIOME+ LEVEL 3 FORMULATION means this product contains tyndallised Lactobacillus bacteria that are capable of docking onto skin cells.
- › Reduces excess sebum.
- › Treats breakouts.
- › Decrease redness and inflammation.

Key ingredients

- › Salicylic Acid - is a beta-hydroxy acid that gently exfoliates, loosens follicular blockages, and brightens skin tone. Assists with congestion, acne scarring and post-inflammatory hyperpigmentation.
- › Alpha-Glucan Oligosaccharide & Lactobacillus - tyndallised probiotics and prebiotics help to maintain a healthy microbiome and elicit an anti-microbial effect on acne-causing bacteria by competing for docking sites on skin cells and communicating with them to increase defensins production.
- › Tea Tree Oil - is clinically proven to significantly reduce the total number of lesions and the severity of acne. Strong broad-spectrum anti-microbial activity, anti-inflammatory and accelerates skin healing. More effective than Benzoyl Peroxide in clinical trials.
- › Niacinamide (Vitamin B3) and Bisabolol - soothe, calm, and reduce redness and inflammation associated with acne.

99% Natural

74% Organic

100% Vegan

100% Cruelty-free

Use

Peel off the foil seal, remove the rubber stopper and fit the plastic nozzle onto the vial.

Apply 12 drops to your client's facial treatment area before moisturising. This product will deliver maximum results when left in place. Best results will be achieved with a course of 4 treatments, ideally once weekly.

Additional uses

Apply underneath the Exclusion Mask to enhance ampoule penetration. After mask removal, follow with moisturiser application.

Contraindications

Not suitable for clients on medically prescribed exfoliators.

Perform a patch test if aspirin allergy is suspected.



Hydroboost Ampoule

quick moisture boost

3ml/0.1 fl oz vial with nozzle

Ideal between-season boost for all skins; hydrates, moisturises, soothes, and rebalances skin using Myrothamnus extract and postbiotics.

- › environmentally stressed skins
- › roaccutane users
- › sensitised and easily irritated skin
- › high air-conditioning exposure

Features

- › BIOME+LEVEL 3 FORMULATION means this product contains tyndallised Lactobacillus bacteria that are capable of docking onto skin cells.
- › Hydrates, moisturises, soothes.
- › Rebalances skin using postbiotics.
- › Protects with antioxidants.

Key ingredients

- › Myrothamnus Extract – known as the Resurrection Plant, this extract boosts moisturisation and offers superior antioxidant and pollution protection due to elevated polyphenol activity. It also has anti-erythema properties.
- › Alpha-Glucan Oligosaccharide & Lactobacillus – tyndallised probiotics help to maintain healthy hydration levels through messaging that increases the formation of T-junctions, improving moisture retention and protecting from external aggressors.
- › Hyaluronic Acid - Low Molecular Weight Hyaluronic Acid encourages hydration, rapidly plumping fine lines and aiding in the absorption of active ingredients for maximum treatment benefit while reducing subclinical inflammation.
- › Panthenol – a precursor to Pantothenic Acid (Vitamin B5). Penetrates easily into the deeper layers of the skin. Improves skin hydration, reduces trans-epidermal water loss, helps repair tissue damage, reduces itching and inflammation, promotes a smoother skin texture.

99% Natural

100% Vegan

100% Cruelty-free

Use

Peel off the foil seal, remove the rubber stopper and fit the plastic nozzle onto the vial. Apply 12 drops to your client's facial treatment area before moisturising. This product will deliver maximum results when left in place.

Additional uses

Apply underneath the Exclusion Mask to enhance ampoule penetration. After mask removal, follow with moisturiser application.



Bright Ampoule

skin brightening booster

3ml/0.1 fl oz vial with nozzle

This targeted treatment uses multifunctional actives and Phenylethyl Resorcinol to brighten the skin by helping regulate natural melanin production.

- › Pigmentation concerns

Features

- › BIOME+ LEVEL 3 FORMULATION means this product contains tyndallised Lactobacillus bacteria that are capable of docking onto skin cells.
- › Calms inflammation.
- › Regulates melanin production and transfer to the skin's surface and brightens.

Key ingredients

- › Phenylethyl Resorcinol - is a highly effective skin lightening and brightening ingredient. It is a tyrosinase inhibitor (tyrosinase is a precursor to melanin) and is more than 10x more effective than Kojic acid, a common ingredient in skin lightening formulations. Derived in part from a molecule found in pine trees.
- › Ascorbyl Glucoside - Blocks early melanin production, reducing dark spots and preventing uneven skin tone
- › Kigelia Extract - addresses loss of elasticity associated with photo-ageing.
- › Salicylic Acid - is a beta-hydroxy acid. Penetrates deeper than AHA and is anti-inflammatory. Commonly used in treatments for pigmentation, gently exfoliates to stimulate cell renewal and brighten skin tone.
- › Niacinamide (Vitamin B3) - has been shown to inhibit melanosome transfer from melanocytes to keratinocytes. Also have anti-inflammatory properties.
- › Alpha-Glucan Oligosaccharide & Lactobacillus - are prebiotics and postbiotics respectively and strengthen barrier function and skin defences to resist free radical and sun damage.

99% Natural
64% Organic
100% Vegan
100% Cruelty-free

Use

Peel off the foil seal, remove the rubber stopper and fit the plastic nozzle onto the vial. Apply 12 drops to your client's facial treatment area before moisturising. Best results will be achieved with a course of 4 treatments, ideally once weekly.

Additional uses

Apply underneath the Exclusion Mask to enhance ampoule penetration. After mask removal, follow with moisturiser application.

Ideal winter treatment to combat sun-damage after a period of increased sun exposure.

Contraindications

Not suitable for sensitive skins or clients on medically prescribed exfoliating products.
Perform a patch test if aspirin allergy is suspected.

Homecare

A home care regime that blocks melanin pathways is essential for long-term success in keeping hyperpigmentation at bay.

Useful take-home products include the Ageless Serum, Eye Contour Cream, Resurrect Serum, Bakuchiol Serum and Cream Mask.



Hyaluronic Ampoule

plumping, soothing & calming

3ml/0.1 fl oz vial with nozzle

Packed with Low Molecular Weight Hyaluronic Acid, this targeted treatment deeply hydrates and plumps fine lines.

- › premature ageing
- › dehydration
- › (water) dry skins

Features

- › BIOME+ LEVEL 2 FORMULATION means an extract of Lactobacillus positively shifts microbial populations for a healthy, radiant skin.
- › Hydrates water dry skin.
- › Draws in water-soluble actives.
- › Ideal winter add on.

Key ingredients

- › Hyaluronic Acid - Low Molecular Weight Hyaluronic Acid encourages hydration, rapidly plumping fine lines and reduces sub-clinical inflammation.
- › Lactobacillus Extract - positively influences the balance of microbes on the skin including those microbes responsible for producing moisturising factors such as Lactic and Hyaluronic Acid.

99% Natural

100% Vegan

100% Cruelty-free

Use

Peel off the foil seal, remove the rubber stopper and fit the plastic nozzle onto the vial. Apply 12 drops to your client's facial treatment area before moisturising. This product will deliver maximum results when left in place.

Additional uses

Apply underneath the Exclusion Mask to enhance ampoule penetration. After mask removal, follow with moisturiser application.



Intensity Ampoule

intensive wrinkle reduction

3ml/0.1 fl oz vial with nozzle

The use of a muscle relaxant plant extract provides strong and rapid wrinkle reduction, visibly reducing the appearance of expression lines in just one treatment with an overall smoothing effect on the skin.

- › special occasion
- › skin ageing
- › expression lines and wrinkles

Features

- › BIOME+LEVEL 3 FORMULATION means this product contains tyndallised Lactobacillus bacteria that are capable of docking onto skin cells.
- › Visibly reduces the appearance of expressions lines.
- › Results visible 2 hours after treatment.
- › Overall smoothing effect on the skin.

Key ingredients

- › Acmeella Extract (Mafane) - contains Spilanthol which has a strong relaxing effect on facial muscles, reducing wrinkles by relaxing the skin. It is seen in topical formulas and can easily penetrate the skin, inhibiting contractions in subcutaneous muscles.
- › Alpha-Glucan Oligosaccharide & Lactobacillus - tyndallised probiotics help to maintain healthy hydration levels through messaging that increases the formation of T-junctions, improving moisture retention and protecting from external aggressors.
- › Hyaluronic Acid - Low Molecular Weight Hyaluronic Acid encourages hydration, rapidly plumping fine lines and aiding in the absorption of active ingredients for maximum treatment benefit.
- › Panthenol – A precursor to Pantothenic Acid (Vitamin B5). Penetrates easily into the deeper layers of the skin. It improves skin hydration, reduces trans-epidermal water loss, and promotes a smoother skin texture.
- › Myrothamnus Extract—Known as the Resurrection Plant, this extract boosts moisture levels and offers superior antioxidant and pollution protection due to elevated polyphenol activity.

99% Natural
100% Vegan
100% Cruelty-free

Use

Peel off the foil seal, remove the rubber stopper and fit the plastic nozzle onto the vial. Apply 12 drops to your client's facial treatment area before moisturising. This product will deliver maximum results when left in place.

Additional uses

Apply underneath the Exclusion Mask to enhance ampoule penetration. After mask removal, follow with moisturiser application.

Maximum benefit will be observed 2 hours post-procedure and lasts 24 hours.

The facial or application of the ampoule should be performed within 24 hours of a special event.

Homecare

Daily use of the Intensity Serum is advisable to maintain results and for ultimate long-term skin smoothing and anti-wrinkle results.



Body Exfoliator

stimulating exfoliation

200ml/6.8 fl oz salon tube

A granular exfoliator that smooths, invigorates, and stimulates circulation.

- › all normal skins

Features

- › Improves skin tone and texture.
- › Stimulates circulation.
- › Improves dry skin conditions.

Key ingredients

- › Coffee Beans - (ground to the correct size and rolled to remove sharp edges) exfoliate to effectively remove dead skin cells and stimulates blood flow.
- › Sesame Seed Oil - is anti-inflammatory and antioxidant. Contains Vitamin E. Improves skin elasticity.
- › Sucrose - offers an exfoliation element that slowly dissolves to refine the result.
- › Tangerine Oil - softens dry skin, an ideal treatment for stretch marks. Soothing and regenerating.
- › Frankincense Oil - promotes cellular regeneration and assists in toning and tightening the skin.

99% Natural
15% Organic
100% Vegan
100% Cruelty-free

Use

Massage over treatment area using gentle petrissage motions. Remove using warm towels.

Additional uses

Use before the Esse Detox Body Mask to enhance the penetration of actives.
Use before self-tan treatments for an even result.
Use to treat ingrown hairs.

Contraindications

Not suitable for sensitive or broken skin.



Body Massage Cream

superior slip

200ml/6.8 fl oz salon tube

Hydrating and nourishing. Tones and stimulates the skin.

- › all body massage needs
- › ideal for Swedish type massage

Features

- › Rich and nourishing.
- › Improves skin suppleness.
- › Does not leave a greasy feel.

Key ingredients

- › Sesame Oil - is anti-inflammatory, antioxidant. Contains Vitamin E, improves skin elasticity.
- › Coconut Oil - is rich in antioxidants. Calming for psoriasis, dermatitis, and eczema.
- › Shea Butter - deeply nourishes and protects.
- › Tangerine Oil - softens dry skin, an ideal treatment for stretch marks.
- › Lactobacillus Ferment - aids in the restoration of the microbiome.

99% Natural
34% Organic
100% Vegan
100% Cruelty-free

Use

Warm in hands before massaging onto the treatment area and commence with the desired technique.

Remove excess with a warm or cool towel (optional) if the skin feels oily on completion. If more slip is required, add warm water to hands and continue with the massage.



Hand & Foot Exfoliator

restorative & stimulating

200ml/6.8 fl oz salon tube

Refreshes and softens dry, rough skin.

- › tired feet
- › all skin types

Features

- › Invigorates and refreshes.
- › Smooths and softens.
- › Stimulates circulation.

Key ingredients

- › Ground Wheat Germ and Sucrose - polish and remove dead skin cell build-up preventing the formation of callous tissue.
- › Menthol and Spearmint Oils - cool, stimulate blood circulation, are anti-microbial, refresh and uplift.
- › Sesame Seed Oil - nourishes and softens.

99% Natural

13% Organic

100% Vegan

100% Cruelty-free

Use

Massage over hands and feet using gentle petrissage motions using thumbs.

Remove with a warm or cool towel.

Follow with Hand and Foot Mask.

Ensure that the client is not sensitive to mint oils.

Additional uses

Use before the hand and foot massage.

Contraindications

Contains gluten.

Avoid use during pregnancy.



Hand & Foot Mask

swollen foot relief

200ml/6.8 fl oz salon tube

A refreshing, minty, mask that detoxifies and revitalises tired hands and feet.

- › all skins

Features

- › Cools and refreshes.
- › Reduces odours.
- › Draws out heavy metals and toxins.

Key ingredients

- › Spirulina - contains chlorophyll and beta-carotene to reduce odours.
- › Lactobacillus Extract - rectifies microbial imbalances.
- › Coconut Oil - is an anti-fungal, anti-bacterial, penetrates well and deeply nourishes.
- › Peppermint - stimulates blood flow, regenerative, refreshing, and anti-microbial.
- › Salicylic Acid - included at low levels of beta-hydroxy acid for mild refining properties.

99% Natural
15% Organic
100% Vegan
100% Cruelty-free

Use

Use after the Hand and Foot Exfoliator.
Apply a thick layer and leave on for at least 8 minutes.
Remove with a warm or cool towel.
Ensure the client is not sensitive to mint oils.










Additional uses


Can be used to massage of the hands and feet.


Contraindications

Do not use on broken skin and avoid during pregnancy.


Skin Types/Conditions


	OILY
	DRY
	COMBINATION
	NORMAL/BALANCED
	SENSITIVE
	ROSACEA
	ACNE
	AGEING
	PIGMENTATION


SKIN TYPE/SKIN CONDITION	DIAGNOSTIC CLUES	POSSIBLE CAUSES	HEMOCARE	RETAIL RECOMMENDATIONS	PROFESSIONAL RECOMMENDATION
Oily 	<ul style="list-style-type: none"> › Excessive sebaceous secretions › Slight thickening with open pores › Comedones 	<ul style="list-style-type: none"> › Humid environment › High androgen levels › Medication containing steroids and testosterone › Petrochemicals in products › Does not hold make-up well › Tendency towards blemishes and congestion 	<ul style="list-style-type: none"> › Maintain acid mantle - ensure that the skin is not exposed to alkaline products › Avoid stripping the skin of natural barrier, so avoid products that contain alcohol or harsh detergents › Ensure that you drink at least 250 ml of water per day for each 10kg of body mass - e.g., if you weigh 60kg then you need to drink 1.5 litres per day 	<ul style="list-style-type: none"> › Gel Cleanser - pH balanced and uses mild biodegradable foaming agents › Hyaluronic Serum - prebiotics help to normalise the skin flora that consumes sebum › Hydrating Mist - spray-on, water-based, alcohol-free mist with high levels of antioxidants › Light Moisturiser or Hydro Moisturiser - mattifying on the skin › Cocoa Exfoliator - oily skin will benefit from this delectable exfoliator with added antioxidants › Clay Mask - detoxify the skin with this hydrating Clay Mask. Absorbs excess oil and leaves the skin feeling matt. Pores are minimised 	<ul style="list-style-type: none"> › Desincrustation with Clay Mask › Steaming with Gel Mask › Always maintain acid mantle › Only use masks for oily skin on oily area


SKIN TYPE/SKIN CONDITION	DIAGNOSTIC CLUES	POSSIBLE CAUSES	HOMECARE	RETAIL RECOMMENDATIONS	PROFESSIONAL RECOMMENDATION
Dry & Dehydrated Skin 	Lipid Dry: <ul style="list-style-type: none"> › Matt with minimal oil › Tends to look dull › May be rough and flaky › Is often easily sensitised › Will feel taut after washing › Fine lines often appear at an early age › Reddish patches with fine capillaries visible › Milia commonly present on the cheekbone area Dehydrated: <ul style="list-style-type: none"> › The skin is tight › It shows fine lines › Prone to premature ageing › Fine capillaries may be visible › Reacts easily to climatic extremes 	Lipid Dry Skin: <ul style="list-style-type: none"> › Underactive sebaceous glands › Fat-free diet & essential fatty acid deficiency › Genetic factors › Use of cleansers containing harsh detergents Dehydrated: <ul style="list-style-type: none"> › Low humidity and artificial atmospheres › Impaired barrier function resulting in increased trans-epidermal water loss › Stripping of the skin with harsh products › Excessive sun exposure › Poor lifestyle choices e.g. smoking, alcohol & excessive caffeine › Poor water intake › Diuretic medication 	<ul style="list-style-type: none"> › Take an omega-3 supplement with at least 600mg of long-chain omega-3 fatty acids (DHA and EPA) › Avoid a fat-free diet – try to eat healthy lipids from seeds and nuts › Avoid harsh exfoliators › Use a generous amount of moisturiser › Do not use soap on your body or face, find a mild pH-balanced shower gel or, preferably, a cleansing cream › Use products containing Hyaluronic Acid 	<ul style="list-style-type: none"> › Cream Cleanser of Sensitive Cleanser - non-stripping, pH balanced › Probiotic Serum - repairs impaired barrier function › Hyaluronic Serum - Hyaluronic Acid for hydration and increased active efficacy › Ultra, Rich or Restorative Moisturiser - high nourishment levels › Eye Contour Cream - targeted eye area restoration › Cream Mask - restores critical moisture levels 	<ul style="list-style-type: none"> › Improve barrier function › Omega facial – massage with Essential fatty acids › Galvanic treatments › Always maintain acid mantle › Use non-drying masks › Chemical peels are not recommended › Moderate use of vapour zone › Stimulate lymph and blood circulation


SKIN TYPE/SKIN CONDITION	DIAGNOSTIC CLUES	POSSIBLE CAUSES	HEMOCARE	RETAIL RECOMMENDATIONS	PROFESSIONAL RECOMMENDATION
Combination T	<ul style="list-style-type: none"> › Blackheads and acne in the T-zone area › Large pores in the T-zone area › Shininess and oily skin in the T-zone area › Dry, flaky, and dull cheeks › Cheeks and neck that are more sensitive to cleansers › Redness or rosacea on the cheeks only 	<ul style="list-style-type: none"> › More active oil glands in the T-zone › The cheeks, on the other hand, may have less active oil glands, appearing dry, flaky, and inflamed › Harsh products or products with drying ingredients like sulphates and alcohol, can encourage the skin to produce more oil in the T-zone area › Hormones 	<ul style="list-style-type: none"> › Essential fatty acid intake – either 15g per day of flaxseed oil or 600mg of long-chain omega-3 fatty acids (DHA and EPA) › Avoid stripping the skin of natural barrier, so avoid products that contain alcohol or harsh detergents 	<ul style="list-style-type: none"> › Cream Cleanser - a gentle, pH-balanced cleanser that removes light make-up and oily build-up › Refining Cleanser - use 3 times a week, offers a deep, slightly exfoliating cleanse › Microderm Exfoliator - a mild exfoliant that brightens and smooths the skin. Includes Frankincense to stimulate new cell growth › Cream Mask - apply to dry areas. Contains stable and available vitamins that have been shown to improve skin structure, reduce pigmentation and aid cell regeneration › Clay Mask - apply to oily areas. Absorbs excess oil and leaves the skin feeling matt. Pores are minimised › Repair Oil - Use to supply nourishment to dry areas (morning) and balance sebum production on oily areas (evenings) › Moisturiser - depending on age and season › Biome Mist - supports the skin's ideal microbiome status, balance will be restored 	<ul style="list-style-type: none"> › Balancing facial › Sensitive galvanic treatment › Use Clay Mask on oily areas and Cream Mask on dryer areas › Maintain acid mantle with probiotics


SKIN TYPE/SKIN CONDITION	DIAGNOSTIC CLUES	POSSIBLE CAUSES	HOMECARE	RETAIL RECOMMENDATIONS	PROFESSIONAL RECOMMENDATION
Balanced Skin 	<ul style="list-style-type: none"> › Your skin is healthy and you would like to keep it looking and feeling good › Few or no wrinkles › Good hydration › Even thickness with few comedones › No sensitivity 		<ul style="list-style-type: none"> › Ensure adequate intake of omega-3's › Ensure that Vitamin C and other antioxidants are supplemented at well above RDA – at least 400mg of Vitamin C per day › Control exposure to pollutants as much as possible 	<ul style="list-style-type: none"> › Gel Cleanser and Cream Cleanser - double cleanse in the evenings › Any Moisturiser › Hyaluronic Serum - a gel treatment, that contains Inulin, selectively feed beneficial micro-flora. Also contains very high levels of Hyaluronic Acid to keep the skin well hydrated › Biome Mist - maintain hydration and support the skin's microbiome › Cocoa Exfoliator – a delectable exfoliation experience to soften and smooth the skin › Clay Mask - a detox treatment to keep your skin clear and trouble-free › Eye & Lip Cream - High in antioxidants and olive leaf extract to maintain skin elasticity 	<ul style="list-style-type: none"> › Regular monthly facial › Maintain barrier defence function

SKIN TYPE/SKIN CONDITION	DIAGNOSTIC CLUES	POSSIBLE CAUSES	HECARE	RETAIL RECOMMENDATIONS	PROFESSIONAL RECOMMENDATION
Sensitive Skin 	<ul style="list-style-type: none"> › Skin appears blotchy › Diffused redness › Flushing tendency › Easily aggressed when placed under stress › May mark easily › Vasodilatation can be either temporary or permanent › Couperose 	<ul style="list-style-type: none"> › Allergy to individual ingredients › Skin's immune system in a hyperactive state › Barrier function of the skin is impaired › Disturbance in the skin microbiome › Genetic factors › Essential fatty acid deficiency › Smoking › Excessive UV exposure › Menopause › Work, play and lifestyle factors 	<ul style="list-style-type: none"> › Avoid abrasive exfoliators › Use non-drying masks › Reduce free radical exposure › Take an omega-3 supplement - at least 400mg of long-chain omega-3 fatty acids (DHA and EPA) › pH of ALL products must be in the 4.5 – 5.5 range › Avoid artificial atmospheres › Avoid excessive coffee and alcohol 	<ul style="list-style-type: none"> › Sensitive Cleanser - use for all cleansing needs › Sensitive Serum - to shift the skin's microbiome to a less reactive state › Hydro or Nourish Moisturiser - choose based on skin type <p>*Once sensitivity is reduced, other concerns may be addressed and products from the Core and Plus lines may be recommend</p>	<ul style="list-style-type: none"> › Massage with essential fatty acids › Maintain/restore acid mantle › Improve barrier function with prebiotics and probiotics › Sensitive galvanic treatment › Avoid vasodilatation - no steaming › Use non-drying masks

SKIN TYPE/SKIN CONDITION	DIAGNOSTIC CLUES	POSSIBLE CAUSES	HOMECARE	RETAIL RECOMMENDATIONS	PROFESSIONAL RECOMMENDATION
Rosacea 	<ul style="list-style-type: none"> › Rosacea begins with frequent flushing of the face particularly nose and cheeks › Capillaries close to the surface of the skin become dilated resulting in red blotchy areas with small bumps and sometimes pimples › The redness can come and go but may become permanent › The skin tissue can swell, thicken, and become tender and sensitive to touch › Swelling of the nose can occur (rhinophyma) › Can look like acne but comedones are not present. It can also coexist with acne › The shiny, oily look is due to fast TEWL because the acid mantle is compromised. › The skin often shows extreme sensitivity to cosmetic ingredients such as fragrance and synthetic preservatives. 	<ul style="list-style-type: none"> › Chemicals in make-up and cosmetics › Skin's immune system in a hyperactive state › The barrier function of the skin is impaired › Overgrowth of bacteria in the small intestine › Genetic factors › Essential fatty acid deficiency from a fat-free diet › Menopause or pregnancy › Work, play and lifestyle factors › Extremes of temperature › Topical steroid creams › Drugs that dilate blood vessels (such as those given for asthma, arthritis, hay fever and allergies) 	<ul style="list-style-type: none"> › Take oral probiotics › Use topical, live probiotics and prebiotics › Avoid abrasive exfoliators › Use non-drying masks › Reduce free radical exposure › Take an omega-3 supplement with at least 400mg of long-chain omega-3 fatty acids (DHA and EPA) › pH of ALL products must be in the 4.5 – 5.5 range › Follow a low carbohydrate diet › Avoid excessive coffee and alcohol › Avoid artificial atmospheres 	<ul style="list-style-type: none"> › Cream or Sensitive Cleanser - mild and pH balanced › Biome Mist - re-establishes the skin's microbiome and strengthens barrier function › Probiotic Serum - restore microbiome imbalance by seeding with live probiotics › Hyaluronic Serum - contains Hyaluronic Acid that reduces inflammation and improves hydration › Omega Moisturiser (any) - moisturising and anti-inflammatory › Cream Mask - Vitamins aid cell regeneration. Lavender promotes healing & new cell growth › Eye & Lip Cream - Light, calming, and hydrating cream with Chamomile & Lavender 	<ul style="list-style-type: none"> › Massage with essential fatty acids (omegas) › Maintain/restore acid mantle › Improve barrier function with probiotics and prebiotics › Sensitive galvanic treatment › Avoid vasodilatation of capillaries – no steaming › Use non-drying masks

SKIN TYPE/SKIN CONDITION	DIAGNOSTIC CLUES	POSSIBLE CAUSES	HOMECARE	RETAIL RECOMMENDATIONS	PROFESSIONAL RECOMMENDATION
<p>Acne</p> 	<p>Teenager:</p> <ul style="list-style-type: none"> › Excess keratinisation › Comedones › Pustules › Cysts › Inflamed › Scars easily <p>Adult:</p> <ul style="list-style-type: none"> › Hormonal acne predominant along chin, jawline, and neck › Few comedones › Looks shiny and oily but feels taut 	<ul style="list-style-type: none"> › Breakdown in the skin's barrier function and inflammation › Elevated androgen levels (in both men and women) › Disturbance of normal skin microbiome › Stripping the skin of its natural oils causing the sebaceous glands to produce lower quality oil › Harsh astringent cleansers remove much of the microbial population on the skin › High pH products forcing migration of bacteria › Stress: In many cases acne is hereditary – this does not affect the way that it is treated › Certain medication such as steroids and testosterone › Certain orange and red pigments found in make-up is comedogenic 	<ul style="list-style-type: none"> › Maintain acid mantle - avoid harsh abrasive exfoliators and peeling agents › Avoid drying cleansers › Ensure you get your minimum erythema dose of around 15-20 minutes of sunlight on a daily basis ensuring you avoid excessive UV exposure (that results in burning) as this worsens scarring › Avoid all milk products › Supplement with topical prebiotics and probiotics to maintain a balanced skin microbiome › Make sure that all skincare products are pH balanced at between 4.5 and 5.5 	<ul style="list-style-type: none"> › Clarifying Cleanser – non-foaming and non-stripping charcoal-infused cleanser that soothes with postbiotics › Clarifying Oil – contains live probiotics to shift the microbiome favourably and maintains the integrity of sebum › Clarifying Serum – regulates oil production and reduces inflammation › Clarifying Spot Corrector – ensures spot and inflammation relief 	<ul style="list-style-type: none"> › Strengthen skin barrier defence › Maintain pH › Prevent excess keratinisation › Gel Mask – dissolves comedones' & feeds mutualistic bacteria › Anti-ageing Galvanic treatment – high Zinc penetration › Focus on minimising scarring

SKIN TYPE/SKIN CONDITION	DIAGNOSTIC CLUES	POSSIBLE CAUSES	HOMECARE	RETAIL RECOMMENDATIONS	PROFESSIONAL RECOMMENDATION
Ageing 	<ul style="list-style-type: none"> › Horizontal lines around eyes › Deepened nasolabial fold › Reduction in skin elasticity › Thinning of the skin › Lack of bounce and turgor › Muscle atrophy › Bruises easily › Pigmentation usually solar lentigines › Solar keratosis on hands, nose, temple 	<ul style="list-style-type: none"> › Elastin and collagen breakdown › Lifestyle factors - alcohol cigarettes, pollutants, and sun › Diet high in simple sugars and processed fats › Fat-free diet › Poor fluid intake or high caffeine intake › Vitamin C deficiency › Free radical exposure 	<ul style="list-style-type: none"> › Essential fatty acid intake – either 15g per day of flaxseed oil or 600mg of long-chain omega-3 fatty acids (DHA and EPA) › Reduce free radical exposure › Manage blood sugar levels and relevant hormone levels › Supplement with antioxidants, vitamins, and minerals 	<ul style="list-style-type: none"> › Cream Cleanser - gentle and nourishing › Probiotic Serum – once-off purchase to seed skin with beneficial probiotics to improve barrier function › Ageless Serum - address all the major concerns associated with ageing › Cream Mask - to improve skin structure and aid cell regeneration › Eye & Lip Cream or Eye Contour Cream › Hydrating Mist or Biome Mist - restore hydration › Microderm Exfoliator – removes dead skin cells 	<ul style="list-style-type: none"> › Massage with essential fatty acids › Maintain/restore acid mantle › Improve barrier function with prebiotics and probiotics › Anti-ageing Galvanic treatment › Use non-drying masks › Focus on minimising lines and wrinkles by using anti-ageing product options like Intensity Mask, Hyaluronic Serum or Ageless Serum and the Eye Contour Cream

SKIN TYPE/SKIN CONDITION	DIAGNOSTIC CLUES	POSSIBLE CAUSES	HOMECARE	RETAIL RECOMMENDATIONS	PROFESSIONAL RECOMMENDATION
Pigmentation 	<ul style="list-style-type: none"> › Irregular deposition of pigment › Chloasma/Melasma - large patches of pigment. Also known as the mask of pregnancy › When Chloasma is present during pregnancy it is referred to as Melasma › Solar lentigines on sides of face, neck, and hands › Loss of pigmentation 	<ul style="list-style-type: none"> › UV radiation is the prime aggravating factor in pigmentation - all cases will be affected by UV exposure › The main initial causes are one of the following: <ul style="list-style-type: none"> › Trauma › Medication › Chemical substances › Hormonal › Vitamin A & C deficiencies › Essential Fatty Acid Deficiency › People carrying the red-head gene are most susceptible to UV damage 	<ul style="list-style-type: none"> › Essential fatty acid intake - either 15g per day of flaxseed oil or 400mg of long-chain omega-3 fatty acids (DHA and EPA) Use products containing antioxidants › Supplement with Vitamin C daily basis › Make lifestyle changes to reduce free radical exposure › Check for photosensitising ingredients in make-up and skincare products › Correct DNA damage with vitamin A supplementation 	<ul style="list-style-type: none"> › Cream Mask - contains high levels of Vitamin C derivatives that inhibit tyrosinase › Omega Moisturisers - Kigelia extract helps to normalize pigmentation while omega supplementation ensures that the skin is not deficient in omega oils. For evening use. › Moisturiser (any) - as a daytime moisturiser › Ageless Serum - effectively evens skin tone › Eye Contour Cream - Bellis Extract has strong lightening and evening properties › Repair Oil - helps to reduce scarring and promote rapid healing. Antioxidants protect from free radical damage 	<ul style="list-style-type: none"> › Improve barrier defence systems with probiotics › Gel Mask followed by Cream Mask › Inhibit tyrosinase - Vitamin C does this › Improve melanocyte dendrite length with EFA's

Esse Professional Certified Organic Products

The following professional products have met the minimum criteria in order to obtain organic certification:

- › Sensitive Cleanser
- › Cream Cleanser
- › Gel Cleanser
- › Refining Cleanser
- › Hydro Moisturiser
- › Nourish Moisturiser
- › Cocoa Exfoliator
- › Microderm Exfoliator
- › Clay Mask
- › Eye & Lip Cream
- › Repair Oil
- › Hydrating Mist
- › Rich Body Moisturiser
- › Hyaluronic Serum



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